May 2013 MDF Dispatch



Register for the MDF Annual Conference



Registration for the 2013 Myotonic Dystrophy annual conference is now open! Our conference will take place in Houston, Texas from 10 A.M. on Friday, November 8 and through Sunday morning, November 10.

In addition to featuring leading presenters who will share the latest news and information related to DM research and daily living strategies, the conference will focus on educating the MDF community about the clinical trial process and offer more formal and expanded community networking

opportunities.

Find out what's new this year, review the conference schedule and register by visiting our <u>conference webpage</u>. Don't wait... registration is limited and fills up quickly.

Help Us Launch the MDF Webinar Series!

The Myotonic Dystrophy Foundation is launching an ongoing series of informational webinars and we'd like you to help us select the topics on which we'll focus.

These webinars are conversations with professionals—from clinicians to researchers—which will be recorded during a live daytime broadcast and then uploaded as podcasts to the MDF website (www.myotonic.org).



Please take five to 10 minutes to take our <u>survey</u> and let us know which topics are most important to you. The survey will be open only until 11:59 pm on Sunday, May 26, 2013.

Get involved with TeamMDF!



Physician Referrals: If you've had good experiences with a physician treating DM1 or DM2, we'd love to know about it! Please share the contact information of your care provider so we can add it to our physician referral pages. A few minutes of your time could go a long way in helping fellow members of the DM community! Click <u>here</u> to fill out the referral form.

Support Groups: Many of you have asked and we're happy to report that we are working to launch more regional MDF support

groups. If you're interested in establishing a group in your area but don't know where to start, we can help. MDF will provide you with tools and resources, and the ongoing staff support you need to be successful. Please contact us at 866-968-6642 or visit the <u>TeamMDF link</u> under the "Get Involved" tab on our website.

Dine Out for DM: Do you like to eat out? Do you have a favorite restaurant or two? You can encourage your favorite eatery to participate in Dine Out for DM... it's easy! If asked, many

restaurant managers will partner with patrons to host a benefit night that allows 10-20% of profits from a specific time period to be designated to a charity such as MDF. Please ask the manager of local or favorite restaurants if they'll participate. Find out more on our Fundraising page or contact us at <u>info@myotonic.org</u> for assistance.





Renee's Story: Discovering Her Life's Path

Renee Bux, now 17, was adopted as an infant and diagnosed with DM a few years later. Her mother, Joy, shares her experiences supporting Renee through the challenges of doctors, schools, and social interaction. Click <u>here</u> to read their story.

Myotonic Dystrophy Family Registry Contest Winner Lynn Scott, of Massachusetts is the latest winner in our Registry participation contest and has won a brand new iPad Mini. Congratulations Lynn!



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