

Alaska

When a family or individual is faced with a progressive condition such as DM1 or DM2 they are often presented with additional financial expenses as well as loss of a steady income. This section attempts to gather financial resources that are available on a state level for persons living in the United States. By no means is this section complete; we invite you to share with us any resources you've identified.

This is an on-going project. We will add more resources as we gather them; please send us resources you know of that are not currently listed.

Please be advised that each organization has its own eligibility and application requirements. None of these organizations are affiliated with the Myotonic Dystrophy Foundation. We hope you will share your experiences with us – let us know if you are successful in finding a good resource to help your family.

Education

Alaska Performance Scholarship (APS): Alaskan high school students can earn the Alaska Performance Scholarship to pay for college or career training in Alaska.

<https://acpe.alaska.gov/FINANCIAL-AID/AK-Performance-Scholarship>

Alaska Education Grant (AEG): Alaska legislature created the Alaska Education Grant program to provide need-based financial assistance to eligible Alaska students attending qualifying post-secondary educational institutions in Alaska. Grants typically range from \$500-\$4,000 per academic year. [https://acpe.alaska.gov/FINANCIAL-AID/AK-](https://acpe.alaska.gov/FINANCIAL-AID/AK-EducationGrant)

[EducationGrant](https://acpe.alaska.gov/FINANCIAL-AID/AK-EducationGrant)

Alaska Student Aid Portal (ASAP):

<https://acpestudentaidportal.alaska.gov/ASAP/login.aspx?c=-8586382193730683150&ReturnUrl=/ASAP/int/FinAid/index.aspx#pleaseIdentifyYourself>

Alaska Education Loans:

https://acpesecure.alaska.gov/MY_ACCOUNT/My_Loan_Application/Find_a_Loan

Employment

Alaska's Unemployment Insurance (UI) program: dedicated to providing unemployed workers fast and accurate payment of UI benefits:

<http://labor.alaska.gov/unemployment/>

Financial

The Alaska Senior Benefits Program: pays monthly cash benefits to Alaskans who are age 65 or older and have low to moderate incomes

<http://dhss.alaska.gov/dpa/Pages/seniorbenefits/default.aspx>

Alaska Department of Health and Social Services: Senior and Disabilities Services lists grant programs for seniors and caregivers, for providers, and for individuals with developmental disabilities. This site also relays information, referrals, and sites for independent living for seniors and people with disabilities.

<http://dhss.alaska.gov/dsds/Pages/grantservices/default.aspx>

Department of Health and Social Services Chart of Personal Care Attendant and Waiver Service Rates: Shows Medicaid payment rates for specified personal care attendant and waiver services. Waiver programs included are Alaskans Living Independently (ALI), Adults with Physical and Developmental Disabilities (APDD), Children with Complex Medical Conditions (CCMC), Intellectual and Developmental Disabilities (IDD).

<http://dhss.alaska.gov/dsds/Documents/pca/PCA-waiver-service-rates201807.pdf>

Information about Individualized Supports Waiver (ISW) and the Developmental Disabilities (IDD) Waiver: <http://dhss.alaska.gov/dsds/Pages/dd/default.aspx>

Individualized Supports Waiver FAQs:

<http://dhss.alaska.gov/dsds/Documents/docs/ISW-facts.pdf>

Adult Public Assistance (APA): provides cash assistance to need aged, blind, and disabled Alaskans to help them remain independent. The program gives cash to Supplemental Security Income (SSI) recipients and others who have income and resources within APA income and resource limits. APA recipients are also eligible for Medicaid benefits. <http://dhss.alaska.gov/dpa/Pages/apa/default.aspx>

Health Promotion and Disease Prevention Grant list and forms:

<http://dhss.alaska.gov/dsds/Pages/grantservices/healthpromotion.aspx>

Alaska Temporary Assistance Program (ATAP): provides cash assistance and work services to low-income families with children to help them with basic needs while they work toward becoming self-sufficient.

<http://dhss.alaska.gov/dpa/Pages/atap/default.aspx>

General Relief Assistance (GRA): is designed to meet the basic needs of Alaskans in emergency situations. Basic needs include shelter, utilities, food, and clothing. Limited funds for a dignified burial of a deceased needy person may also be provided. Payment from the state is limited to a maximum of \$120 per family member.

<http://dhss.alaska.gov/dpa/Pages/gra/default.aspx>

Food and Nutrition

Supplemental Nutrition Assistance Program (Food Stamps): The Alaska Food Stamp Program provides food benefits to low-income households. Eligible applicants must pass income and assets tests. The gross monthly income test is based on 130% of the current Alaska poverty standard. <http://dhss.alaska.gov/dpa/Pages/fstamps/default.aspx>

Housing

Heating and Assistance Program (HAP): is designed to promote general welfare and safeguard the health and well-being of Alaska's population by offsetting the cost of home heating for eligible Alaskan residents.

<http://dhss.alaska.gov/dpa/pages/hap/default.aspx>

Rent Help: Alaska, this web-page on Hud.gov has resources for renting options in the state of Alaska. <https://www.hud.gov/states/alaska/renting>

Medical and Health-related

Medicaid: provides health coverage and long-term care services for low-income Alaskans. <http://dhss.alaska.gov/dpa/pages/medicaid/default.aspx>

Medicare: information about Medicare and where to apply:
<http://dhss.alaska.gov/dsds/Pages/medicare/medicare.aspx>

Denali KidCare- Alaska's Children's Health Insurance Program (CHIP): is an expansion of the Medicaid program in Alaska. It provides insurance coverage for children and teens through age 18 who meet income guidelines. Pregnant women who meet income guidelines may qualify in Alaska under regular Medicaid, now known as DenaliCare. <http://dhss.alaska.gov/dhcs/Pages/denalikidcare/default.aspx>

Health Promotion and Disease Prevention Grant list and forms:
<http://dhss.alaska.gov/dsds/Pages/grantservices/healthpromotion.aspx>

Chronic and Acute Medical Assistance (CAMA): is a state funded program designed to help needy Alaskans who have specific illnesses get the medical care they need to manage those illnesses. It's a program primarily for people who do not qualify for Medicaid benefits, have very little income, and have inadequate or no health insurance. <http://dhss.alaska.gov/dpa/Pages/cama/default.aspx>

MDA Resource Center: available to provide one-on-one support via phone or email for individuals and families looking for information about the disease in their program, services, activities, and more. <https://www.mda.org/care/mda-resource-center>

Resource Centers

Alaska's Aging and Disability Resource Centers: connect seniors, people with disabilities, and caregivers with long-term services and supports of their choice. To find a list of regional office locations visit <http://dhss.alaska.gov/dsds/Pages/adrc/default.aspx>