

Kansas

When a family or individual is faced with a progressive condition such as DM1 or DM2 they are often presented with additional financial expenses as well as loss of a steady income. This section attempts to gather financial resources that are available on a state level for persons living in the United States. By no means is this section complete; we invite you to share with us any resources you've identified.

This is an on-going project. We will add more resources as we gather them; please send us resources you know of that are not currently listed.

Please be advised that each organization has its own eligibility and application requirements. None of these organizations are affiliated with the Myotonic Dystrophy Foundation. We hope you will share your experiences with us – let us know if you are successful in finding a good resource to help your family.

Caregivers

Respite for Caregivers: respite is temporary care that relieves primary caregivers from their care-giving responsibilities. The length of a respite break depends on your personal situation and can last from a few hours to a few days or weeks. It can allow caregivers to take a personal break, vacation, exercise, visit friends, attend a medical appointment, take a nap, or attend a recreational or community activity. Respite can be an informal arrangement provided by a friend or neighbor. It can also be a formal arrangement provided by a trained individual you select and hire or by personal care workers sent to you through a service organization. [https://www.kdads.ks.gov/commissions/home-community-based-services-\(hcbs\)/consumer-self-direction/kansas-respite-for-caregivers](https://www.kdads.ks.gov/commissions/home-community-based-services-(hcbs)/consumer-self-direction/kansas-respite-for-caregivers)

Kansas Lifespan Respite Project: The goal of this project is to expand access to and improve the quality of respite services for residents across the state regardless of age, disability, or special need. It expands coordination, participation, and dissemination of respite resources resulting in a statewide respite network. It increases family caregiver access to and ease in securing respite providers. IT increase availability of qualified respite providers and skilled caregivers statewide. For more information on the Kansas Lifespan Respite Project, visit [https://kdads.ks.gov/commissions/home-communitybased-services-\(hcbs\)/consumer-self-direction/kansas-respite-for-caregivers](https://kdads.ks.gov/commissions/home-communitybased-services-(hcbs)/consumer-self-direction/kansas-respite-for-caregivers)

Employment

Unemployment Benefits: For information on unemployment benefits, a benefits calculator, and forms visit <https://www.getkansasbenefits.gov/Home.aspx>

Vocational Rehabilitation (VR) Services: empower Kansans with disabilities to become gainfully employed and self-sufficient.

<http://www.dcf.ks.gov/services/RS/Pages/Employment-Services.aspx>

Work Program: Families can get support services to help in preparing them to work. They may receive these support services while they are getting cash assistance. Services can continue for a year after a family quits getting cash assistance. Services may include: help in getting and keeping jobs, work experience, services for learning disabilities, drug or alcohol problems, or domestic violence, services for help with reading and math, mental health services, physical health care, help coping with disabilities, parenting help, help getting dentures, eyeglasses, and hearing aids, job training, help getting a GED or learning English, help getting to job locations, clothing, help with basic needs, and/or moving costs related to a job.

<http://www.dcf.ks.gov/services/ees/Pages/Work/WorkProgram.aspx>

Financial Resources

Kansas Child Support Services (CSS): helps children receive the financial support necessary for their growth and development. The program assists by establishing parentage and orders for child and medical support, locating noncustodial parents and their property, enforcing child and medical support orders and modifying support orders as appropriate. CSS automatically serves families receiving Temporary Assistance For Needy Families (TANF), Food Assistance, medical, foster care, and childcare assistance. Assistance from CSS is also available to any family regardless of income or residency, who applies for CSS services. <http://www.dcf.ks.gov/services/CSS/Pages/default.aspx>

Resources for Relatives as Caregivers: Relatives who are dedicated to providing care for children in out-of-home placement have options for financial assistance and access to others supports. Relatives may be reimbursed by the Child Welfare Case Management Provider at the rate of \$10 per day. Relatives may apply for Temporary Assistance for Needy Families (TANF) and a medical card for each child by contacting the closest Kansas Department for Children and Families (DCF) center. Relatives may request to become payee for benefits a child may be receiving. Relatives may receive financial assistance at the foster home payment rate, if licensed as a foster care home. For more information, visit

http://www.dcf.ks.gov/services/PPS/Documents/PPM_Forms/Section_5000_Forms/PPS5130.pdf

Successful Families Program (also known as Temporary Assistance for Needy families or TANF): offers employment services and support services for low-income families. That support may include cash assistance. The family is defined as including a child who may be living with a parent, relative, or person named by court to take care of the child. For more information on eligibility requirements and cash assistant benefits, visit

<http://www.dcf.ks.gov/services/ees/Pages/Cash/TANF.aspx>

Food & Nutrition

Commodity Supplemental Food Program (CSFP): serves a food package to persons 60 years of age or older with incomes less than 130% of the Federal Poverty Level. It distributes monthly food packages containing 10 food groups including: cheese, shelf stable milk, nonfat dry milk (every other month), peanut butter or dry beans, cereal, meat, vegetables, fruits, juice, and instant potatoes, rice or pasta.

<http://www.dcf.ks.gov/services/ees/Pages/USDA-CommodityPrograms/CSFP/CSFP.aspx>

Emergency Food Assistance Program (TEFAP): provides free USDA commodity foods to low-income households throughout Kansas. TEFAP food ships five to six times per year to participating organizations for distribution. Foods may include canned vegetables, fruit, juice, meat, cereal, peanut butter, nonfat dry milk, and pasta. For more information, visit

[http://www.dcf.ks.gov/services/ees/Pages/USDA-CommodityPrograms/Emergency-Food-Assistance-Program-\(TEFAP\).aspx](http://www.dcf.ks.gov/services/ees/Pages/USDA-CommodityPrograms/Emergency-Food-Assistance-Program-(TEFAP).aspx)

Food Assistance Program/Supplemental Nutrition Assistance Program (SNAP): formerly known as the Food Stamp Program, provides qualifying low-income households with food benefits, access to a healthy diet and education on food preparation and nutrition. In Kansas, the program is known as the Food Assistance Program. For more information, visit <http://www.dcf.ks.gov/services/ees/Pages/Food/FoodAssistance.aspx>

Housing

Emergency Solutions Grant (ESG): offers assistance to those who are homeless or at risk of becoming homeless. Funding is provided to engage homeless individuals and families living on the street, improving the number and quality of emergency shelters for homeless individuals and families, help operate those shelters, provide essential services to shelter residents, rapidly re-house homeless individuals and families, and prevent families and individuals from becoming homeless.

<https://kshousingcorp.org/emergencyhousing/emergency-solutions-grant/>

The Low Income Energy Assistance Program (LIHEAP): is a federally funded program that helps eligible households pay a portion of their home energy costs by providing a onetime per year benefit. For FAQs and more information on eligibility requirements, visit <http://www.dcf.ks.gov/services/ees/Pages/Energy/EnergyAssistance.aspx>

Tenant Based Rental Assistance: is a program designed to help income-eligible households with rent, security deposit, and/or utility deposits. For more information on eligibility requirements and how to apply, visit

<https://kshousingcorp.org/renters/tenantbased-rental-assistance/>

Weatherization Assistance: improves energy efficiency and lowers utility bills by ensuring your home holds in heat and air conditioning while keeping hot and cold air out. Eligible households receive a comprehensive home energy audit to identify inefficiencies and health and safety concerns. For more information, visit

<https://kshousingcorp.org/homeowners/weatherization-assistance/>

Living with Disabilities and/or Elderly

Adult Protective Services (APS): responds to reports of abuse, neglect, or exploitation of adults. Intervention is available for adults age 18 and older who are unable to protect themselves. This includes individuals who have physical, emotional, or mental impairments that may limit their ability to manage their homes or personal or financial affairs. The intent of APS is to protect the most vulnerable adults from harm while safeguarding their civil liberties.

<http://www.dcf.ks.gov/services/PPS/Pages/APS/AdultProtectiveServices.aspx>

Aging and Disability Resource Center: is a trusted source of information where people of all ages, abilities, and income levels - and their caregivers - can go to obtain assistance in planning for their future long-term service and support needs. The ADRC is designed to empower older adults and persons with disabilities to make informed choices about their services and supports. <https://kdads.ks.gov/commissions/commission-on-aging/agingand-disability-resource-centers>

Disability Determination Services (DDS): makes disability and blindness determinations or the US Social Security Administration on most Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) claims filed or reviewed in Kansas. For more information, visit <http://www.dcf.ks.gov/services/RS/Pages/DDS.aspx>

Centers for Independent Living (CILs): Services include advocacy, independent living skills training, peer support, informational/referral, and deinstitutionalization support. The purpose of independent living is to maximize the leadership, empowerment, independence, and productivity of individuals with disabilities, and to augment their integration and full inclusion into the mainstream of society.

<http://www.dcf.ks.gov/services/RS/Pages/IndependentLiving.aspx>

Frail Elderly (FE) Waiver Program: provides Kansas seniors an alternative to nursing home care. Services include personal care, household tasks, and health services. The program promotes independence within the community and helps to offer residency in the most integrated environment. [https://kdads.ks.gov/commissions/home-communitybased-services-\(hcbs\)/programs/frail-elderly](https://kdads.ks.gov/commissions/home-communitybased-services-(hcbs)/programs/frail-elderly)

Intellectual/Developmental Disability (I/DD) Waiver Program: this program serves individuals age five and older who meet the definition of an intellectual disability, having a developmental disability or are eligible for care in an Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF-IID). Services include assistive services, adult day supports, financial management services, overnight respite, personal care services, enhanced care services, specialized medical care and more. For more information, visit [https://kdads.ks.gov/commissions/home-community-based-services-\(hcbs\)/programs/i-dd](https://kdads.ks.gov/commissions/home-community-based-services-(hcbs)/programs/i-dd)

Physical Disability (PD) Waiver Program: This waiver program serves individuals 16 to 64 years of age who meet the criteria for nursing facility placement due to their physical disability, who are determined disabled by social security standards, and who are Medicaid eligible. [https://kdads.ks.gov/commissions/home-community-based-services-\(hcbs\)/programs/physically-disabled](https://kdads.ks.gov/commissions/home-community-based-services-(hcbs)/programs/physically-disabled)

Program for All-Inclusive Care for the Elderly (PACE): This program provides long-term care through a managed care network; however, it is not part of the KanCare network. This is a program for persons age 55 or older living in select Kansas counties. The program is funded through the fee-for-service model. [https://www.kdads.ks.gov/commissions/home-community-based-services-\(hcbs\)/programs/pace](https://www.kdads.ks.gov/commissions/home-community-based-services-(hcbs)/programs/pace)

Senior Care Act (SCA): was established by the Kansas Legislature to assist older Kansans who have functional limitations in self-care and independent living, but who are able to reside in a community-based residence if some services are provided. The program provides in-home services to persons who contribute to the cost of services based on their ability to pay. The program is for Kansas residents, age 60 or older. For more information, call 855-200-2372 or visit [https://kdads.ks.gov/commissions/commission-on-aging/in-homeservices/senior-care-act-\(sca\)](https://kdads.ks.gov/commissions/commission-on-aging/in-homeservices/senior-care-act-(sca))

Technology Assisted (TA) Waiver: provides services to individuals ages 0 through 21 who are chronically ill or medically fragile and dependent upon a ventilator or medical device to compensate for the loss of vital bodily function. Eligible individuals requires substantial and ongoing daily care by a nurse comparable to the level of care provided in a hospital setting to avert death or further disability. [https://kdads.ks.gov/commissions/home-community-based-services-\(hcbs\)/programs/technology-assisted-program](https://kdads.ks.gov/commissions/home-community-based-services-(hcbs)/programs/technology-assisted-program)

Medical & Health-Related

AIDS Drug Assistance Program (ADAP): This program provides payment of prescription drugs related to the treatment of HIV. <http://adap.directory/kansas>

Client Assessment, Referral and Evaluation (CARE) program: The CARE program, also known as the nursing facility assessment, provides customers with individualized information on long-term care options, determines appropriate placements in long-term care facilities, and collects data regarding individuals being assessed for possible nursing facility placement. [https://kdads.ks.gov/commissions/commission-on-aging/clientassessment-referral-and-evaluation-\(care\)](https://kdads.ks.gov/commissions/commission-on-aging/clientassessment-referral-and-evaluation-(care))

Institutional Transitions: is the process for moving residents of qualified institutional settings into the community. This process identifies individuals who have expressed their desire to return to the community and provides them with community supports to aid them in maintaining residence in the least restrictive setting of their choice. Institutional Transitions are available if you are eligible for the Frail Elderly (FE), Physical Disability (PD), Brain Injury (BI) or Intellectual/Developmental Disability (IDD) waiver. Individuals completing an Institutional Transition to a waiver with a current waiting list will be allowed to bypass the waiver waitlist.

[https://kdads.ks.gov/commissions/homecommunity-based-services-\(hcbs\)/programs/institutional-transitions](https://kdads.ks.gov/commissions/homecommunity-based-services-(hcbs)/programs/institutional-transitions)

Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF-IID): This is a Medicaid funded program. For information about eligibility and enrollment, visit [https://kdads.ks.gov/commissions/home-community-based-services-\(hcbs\)/programs/intermediate-care-facilities](https://kdads.ks.gov/commissions/home-community-based-services-(hcbs)/programs/intermediate-care-facilities)

KanCare: KanCare is the program through which the State of Kansas administers Medicaid. It offers physical health services such as doctor appointments and hospital visits, behavioral health sciences, dental and vision care, pharmacy, transportation, and nursing facility care to individuals who qualify for Medicaid. KanCare also covers the State Children Health Insurance Program (CHIP), which offers affordable, low-cost health insurance for the uninsured children of Kansas. For more information, visit <https://www.kancare.ks.gov/home>

Kansas Family Medical Assistance Manual (KFMAM): This policy manual covers the health care programs for pregnant women, children, and families. It contains information about both Medicaid and the Kansas CHIP program known as KanCare.

<https://khap2.kdhe.state.ks.us/kfmam/>

Kansas Medicaid Pharmacy information:

<http://www.kdheks.gov/hcf/pharmacy/default.htm>

Medicare Savings Plans: These programs pay Medicare out-of-pocket expenses. It includes premiums and copayments. For more information, visit this brochure

[https://www.kdads.ks.gov/docs/default-source/commissions/medicare-programs/medicare-improvements-for-patients-and-providers-act-\(mippa\)-grant/mippa-extra-help-msp-brochure957652a0172e66d690a7ff00009edf98.pdf](https://www.kdads.ks.gov/docs/default-source/commissions/medicare-programs/medicare-improvements-for-patients-and-providers-act-(mippa)-grant/mippa-extra-help-msp-brochure957652a0172e66d690a7ff00009edf98.pdf)

MediKan: This program is for persons with disabilities who do not qualify for Medicaid. MediKan has limited services. The program is paid for through the fee-for-service model. For more information, view this fact sheet

[https://www.kancare.ks.gov/docs/defaultsource/kancare-ombudsman/resources/general-fact-sheets-\(english\)/medikan-factsheet.pdf](https://www.kancare.ks.gov/docs/defaultsource/kancare-ombudsman/resources/general-fact-sheets-(english)/medikan-factsheet.pdf)

Senior Health Insurance Counseling for Kansas (SHICK): is a free program offering Kansans an opportunity to talk with trained, community volunteers and get answers to questions about Medicare and other insurance issues.

<https://kdads.ks.gov/commissions/commission-on-aging/medicare-programs/shick>

Senior Medicare Patrol (SMP): Kansas SMP is a statewide project designed to reduce Medicare and Medicaid fraud, waste or abuse. Through education, outreach, one-on-one assistance and problem resolution, Medicare and Medicaid beneficiaries are educated and counseled on how to protect themselves and identify and report scams and healthcare fraud or abuse. <https://kdads.ks.gov/commissions/commission-on-aging/medicare-programs/kansas-senior-medicare-patrol>

SOBRA: SOBRA does not fall under KanCare, the State managed care program. Instead, it is a program for persons who are non-citizens. It covers life-threatening emergency care costs and baby deliveries only. The program is paid for through the fee-for-service model. <http://www.kdheks.gov/hcf/Medicaid/default.htm>



State Employee Health Plan (SEHP) information:

<http://www.kdheks.gov/hcf/sehp/default.htm>

Tuberculosis Control Program: This program only covers tuberculosis treatment in a hospital setting; the program is paid for through the fee-for-service model.

<http://www.kdheks.gov/tb/>

Additional Resources

MDA Care Centers List: <https://www.mda.org/care/care-center-list?province=KS>