

Missouri

When a family or individual is faced with a progressive condition such as DM1 or DM2 they are often presented with additional financial expenses as well as loss of a steady income. This section attempts to gather financial resources that are available on a state level for persons living in the United States. By no means is this section complete; we invite you to share with us any resources you've identified.

This is an on-going project. We will add more resources as we gather them; please send us resources you know of that are not currently listed.

Please be advised that each organization has its own eligibility and application requirements. None of these organizations are affiliated with the Myotonic Dystrophy Foundation. We hope you will share your experiences with us – let us know if you are successful in finding a good resource to help your family.

Employment

Fast Track Workforce Incentive Grant: is a financial aid program that addresses workforce needs by helping adults pursue a certificate, degree, or industry-recognized credential in an area designated as high need. Grant recipients must maintain Missouri residency and work in Missouri for three years after graduation to prevent the grant from becoming a loan that must be repaid with interest. For more information and to learn about eligibility requirements, visit https://dhewd.mo.gov/initiatives/fasttrackgrant_for_students.php

SkillUP: offers SNAP recipients in Missouri the opportunity to gain skills, training and work experience. SkillUP is offered at no cost to the participant and helps to promote employability and self-sufficiency. Contact information for state disability resources. <https://mydss.mo.gov/food-assistance/missouri-employment-training-program>

Financial Resources

Annuities: are investment products sold by insurance companies. Missourians can purchase annuities as way to generate interest on their savings, generate income, or both. A consumer pays a lump sum or makes periodic payments to the insurance company offering the annuity. In exchange, the annuity provides periodic payments to the consumer. <https://insurance.mo.gov/consumers/life-annuities/AnnuitiesFAQ.php>

Child Care Subsidy Program: assists eligible Missouri parents and guardians with payments for child care. This program helps families with the cost of child care so that they are able to focus on finding and holding steady work that can support their family's need. <https://dss.mo.gov/fsd/child-care.htm>

Funding/Grant Resource List:

<https://health.mo.gov/living/families/minorityhealth/funding.php>

Missouri Dept. of Agriculture Grants and Loans List:

<https://agriculture.mo.gov/abd/financial/>

Temporary Assistance for Needy Families program (TANF): is a program designed to provide cash benefits for low-income families for the household's children such as clothing, utilities, and other services. Upon approval of Temporary Assistance, the recipient must participate in employment and training services through the Missouri Work Assistance (MWA) program. <https://mydss.mo.gov/temporary-assistance>

Food and Nutrition

The Child and Adult Care Food Program: provides funding for meals and snacks for eligible children and adults at child and adult day care centers, homes that provide child care services, after school programs, and emergency shelters.

<https://health.mo.gov/living/wellness/nutrition/foodprograms/cacfp/index.php>

Feeding Missouri Food Banks: to find food banks near where you live, visit

<https://feedingmissouri.org/>

Food Stamp Program: helps low-income individuals buy food.

<https://mydss.mo.gov/food-assistance>

The Missouri Commodity Supplemental Food Program: distributes food to qualifying senior citizens age 60 and older. Dozens of community organizations across the state help determine program eligibility, distribute the food, and provide nutrition education to program participants.

<https://health.mo.gov/living/wellness/nutrition/foodprograms/csfp/index.php>

Summer Food Service Program: provides funds for meals served to low-income school aged students and qualifying adults with disabilities during the summer when school is not in session. The meals are served by schools and community-based organizations at hundreds of locations throughout the state.

<https://health.mo.gov/living/wellness/nutrition/foodprograms/sfsp/index.php>

Women, Infants, and Children program (WIC): WIC's goal is to improve the nutritional health status of financially eligible women, infants, and children in Missouri who are at nutritional risk by providing nutrition education, breastfeeding promotion and support, supplemental food, and referrals to health care. As of 2020, Missouri has now released eWIC in order to transition from WIC checks to an eWIC card.

<https://health.mo.gov/living/families/wic/index.php>

Housing

Centers for Independent Living (CILs): Are located throughout Missouri and help people with disabilities achieve greater independence in their daily lives through community based support. Their activities include helping disabled people find housing appropriate to their needs. <https://mosilc.org/>

Low Income Home Energy Assistance Program (LIHEAP): is composed of two parts Energy Assistance/Regular Heating (EA) and Energy Crisis Intervention Program (ECIP). EA helps you with a one-time payment for our primary heating bills from November through March. ECIP helps pay your fuel bill when your energy is shut off or is threatened to be shut off. The amount of help you receive is based on the amount of money needed to settle your crisis with the energy provider.

<https://dss.mo.gov/fsd/energyassistance/index.htm>

Midwest Special Needs Trust: is a Missouri 501(c)(3) established by state statute in 1989 to assist people with disabilities. Through its Charitable Trust, MSNT provides, on an ongoing basis, grants to cover a wide range of needs, many of which are housing related. These can include grants for assistive technology such as the construction of wheelchair ramps. Applicants must be US citizen Missouri residents and considered disabled by the Social Security Administration.

<http://midwestspecialneedstrust.org/aboutMSNT/default.htm>

Missouri Inclusive Housing Development Corporation: Information and assistance for disabled persons seeking home ownership and affordable renting.

<http://www.mohousing.com/>

Missouri Mainstream and Non-Elderly Disabled (NED) Voucher Directory: DMH Housing maintains a directory of Missouri Public Housing Agencies (PHAs) that have Mainstream and Non-Elderly Disabled (NED) vouchers available. These housing vouchers are similar to Housing Choice Vouchers (also known as Section 8) but are specifically for households where the Head of Household is under the age of 62 and has a disability.

<https://dmh.mo.gov/housing/unit/housing-resources>

One-Time Assistance: The Rental Assistance Program (RAP) provides one-time payments to prevent eviction, restore housing stability, or assist households to move into safe and affordable rental housing. RAP pays for both rental costs and utility costs

<https://dmh.mo.gov/housing/unit/rental-assistance>

Public Housing Agencies: Many cities and towns in Missouri have Public Housing Agencies (PHA's). These agencies administer federally funded low-income housing in their towns or counties; some also own their own affordable rental properties to rent to area residents who cannot afford the normal rents in the area. Most PHA's also administer the federal Housing Choice Voucher Program, commonly known as Section 8. Local Public Housing agencies may be able to help those who wish to apply for Section 8 housing. https://www.hud.gov/program_offices/public_indian_housing/pha/contacts

Medical and Health-Related

Children with Special Needs Resources: this resource list includes information about the Adult Brain Injury Program, the Children and Youth with SHCN Program, the Family Partnership, the Healthy Children and Youth Program, the Medically Fragile Adult Waiver Program, the Missouri Brain Injury Advisory Council, and information about traumatic brain injuries. <https://health.mo.gov/living/families/shcn/>

Children and Youth with Special Health Care Needs Program (CYSHCN): The CYSHCN Program provides assistance statewide for children and youth with special health care needs from birth to age 21. The program focuses on early identification and service coordination for children and youth who meet medical eligibility guidelines. As payer of last resort, the program provides limited funding for medically necessary diagnostic and treatment services for children whose families also meet financial eligibility guidelines. Children with special health care needs are those who have, or are at increased risk for a disease, defect, or medical condition that may hinder their normal physical growth and development. These children require health and related services that go beyond those required by children in general. <https://health.mo.gov/living/families/shcn/cyshcn.php>

CLAIM: stands for “Community Leaders Assisting the Insured of Missouri” and has been the official State Health Insurance Assistance Program (SHIP) for Missouri since 1993. CLAIM services are free, unbiased and confidential. CLAIM averages around 300 volunteer counselors and 180 community partners throughout Missouri who provide local Medicare counseling in their communities. Volunteers receive extensive training to become a certified Medicare counselor, and continue to receive updates and trainings on a regular basis. <https://www.missouricclaim.org/>

Consumer Complaint Index: a complaint index for any life and health insurer in Missouri. <https://insurance.mo.gov/consumers/complaints/compindx.php>

Family Health History: In Missouri, November is Family Health History Month, a good time for all Missourians to learn more about the diseases and causes of death affecting at least three generations of family members.

<https://health.mo.gov/living/families/genetics/familyhistory/index.php>

Family Partnership for Children & Youth with SHCN: The Family Partnership provides resource information and peer support to families of children and youth with special health care needs. Families are also given the opportunity to network with each other through various settings, including regional and statewide meetings.

<https://health.mo.gov/living/families/shcn/familypartnership/index.php>

Genetic Tertiary Referral Centers: The Department of Health and Senior Services contracts with four tertiary genetic referral centers located in Missouri’s four university affiliated medical schools. The staff of the four centers provides genetic diagnostic evaluations and counseling, genetic screening and genetic education, through regularly schedule genetic clinics, prenatal clinics, and a variety of other specialty genetic disease clinics. These centers offer a complete range of diagnostic and consultative medical services essential for delivery of effective genetic services.

<https://health.mo.gov/living/families/genetics/referralcenters.php>

Healthy Children and Youth Program (HCY): The HCY Program provides service coordination and authorization for medically necessary services for MO HealthNet recipients with special health care needs from birth to age 21. Service coordination includes assessment through home visits and links to services and resources that enable participants to remain safely in their homes with their families. Authorized services may include in-home personal care, in-home nursing care and skilled-nursing visits.

<https://health.mo.gov/living/families/shcn/hcy.php>

HMO Service Areas: a searchable list of all the licensed HMOs and the counties they are authorized to do business in. Please note that an HMO does not necessarily offer coverage in all the counties in which it is licensed.

<https://insurance.mo.gov/consumers/hmo/HMOserv.php>

Long-Term Care Insurance: helps cover the costs of a nursing home, an assisted living facility, home health care and other services to assist with daily activities like dressing, eating and bathing. Many Missourians believe Medicare covers long-term care costs, but Medicare offers very limited coverage for these services, generally for no more than a few months. <https://insurance.mo.gov/consumers/LongTerm/>

Medically Fragile Adult Waiver Program (MFAW): this Program provides service coordination and authorization for medically necessary services to MO HealthNet recipients with serious and complex medical needs who have reached the age of 21 and are no longer eligible to receive services through the Healthy Children and Youth (HCY) Program. Participants must require medical care equivalent to the level of care received in an intermediate care facility, not be enrolled in another waiver and have been eligible for private duty nursing through the HCY Program. Authorized services may include in-home personal care, in-home nursing care, skilled nursing visits, supplies and equipment. <https://health.mo.gov/living/families/shcn/pdw.php>

Medigap (Medicare Supplement): is offered by private insurance companies to help fill the “gaps” Medicare does not cover, such as copayments, coinsurance and deductibles. Generally, anyone with Medicare Parts A & B is eligible for Medigap.

<https://insurance.mo.gov/seniors/srmedigap.php>

Missouri Rx Plan (MORx)- Prescription Drug Assistance Program: MORx provides prescription drug assistance to Missourians in need by coordinating benefits with Medicare’s (Part D) Prescription Drug Program. This is Missouri’s State Pharmacy Assistance Program. <https://dss.mo.gov/morx/>

MO HealthNet (Medicaid): Missouri’s Medicaid program is called MO HealthNet. MO HealthNet covers qualified medical expenses for individuals who meet certain eligibility requirements. <https://mydss.mo.gov/healthcare>

Nursing Homes and Other Care options: Resources and information about nursing homes and care. <https://health.mo.gov/seniors/nursinghomes/>

Show Me Healthy Women (SMHW): offers free breast and cervical cancer screenings for Missouri women who meet age, income, and insurance guidelines. These guidelines include having an income at or below 200 percent of the federal poverty level for household income, being of age 35 to 64, or older if they do not receive Medicare Part B, and does not have insurance to cover program services.

<https://health.mo.gov/living/healthcondiseases/chronic/showmehealthywomen/index.php>

Well-Integrated Screening and Evaluation for Women Across the Nation (WISEWOMAN): provides heart disease and stroke prevention health screenings, including blood pressure, total cholesterol, HDL, blood glucose, and BMI. Risk counseling interprets each woman's screening results and explains her risk for heart disease and stroke.

<https://health.mo.gov/living/healthcondiseases/chronic/wisewoman/index.php>

Additional Resources

Family Support Division (FSD): can help families navigate food stamps, health care, child care, child support, and other needs as we support our mission to maintain and strengthen Missouri families. <https://mydss.mo.gov/>

Missouri Protection and Advocacy Services: MO P&A provides legal advice and representation for disabled persons. The agency's services are mandated by federal law and provide legal services and advocacy for people in several disability-related situations, including those with developmental disabilities, mental illness, traumatic brain injury, and persons receiving Social Security disability income. They also provide a variety of services in areas where disabled persons experience obstacles, such as voting, employment, and assistive technology. <http://moadvocacy.org/>

Silver Haired Legislature (SHL): is a formally elected body of citizens 60 years of age and older that promote conscientious legislative advocacy for Missouri's older adults.

<https://health.mo.gov/seniors/silverhaired/>