

## New Mexico

When a family or individual is faced with a progressive condition such as DM1 or DM2 they are often presented with additional financial expenses as well as loss of a steady income. This section attempts to gather financial resources that are available on a state level for persons living in the United States. By no means is this section complete; we invite you to share with us any resources you've identified.

This is an on-going project. We will add more resources as we gather them; please send us resources you know of that are not currently listed.

Please be advised that each organization has its own eligibility and application requirements. None of these organizations are affiliated with the Myotonic Dystrophy Foundation. We hope you will share your experiences with us – let us know if you are successful in finding a good resource to help your family.

## Caregivers

The New Mexico Direct Caregivers Coalition: The NMDCC was created to enhance and promote family and professional direct care workers, supporting their professional development, and advancing issues of importance to the field of long-term and direct care. <http://www.nmdcc.org/>

Respite Care: Respite care provides caregivers with needed breaks to rest and renew their energies, pursue interests, schedule medical and other appointments for themselves or take care of other responsibilities.

[http://www.nmaging.state.nm.us/uploads/FileLinks/9b324f7f92ef43b4bb9882c52a3dc97b/Info\\_sheet\\_1\\_Respite\\_Care.pdf](http://www.nmaging.state.nm.us/uploads/FileLinks/9b324f7f92ef43b4bb9882c52a3dc97b/Info_sheet_1_Respite_Care.pdf)

New Mexico Caregiver Resources Handbook:

[http://www.nmaging.state.nm.us/uploads/files/Caregiver%20Handbook%202019\\_V8\\_20\\_19.pdf](http://www.nmaging.state.nm.us/uploads/files/Caregiver%20Handbook%202019_V8_20_19.pdf)

## Employment

Job Training Incentive Program: The Job Training Incentive Program (JTIP) funds classroom and on-the-job training for newly-created jobs in expanding or relocating businesses for up to 6 months.

<https://gonm.biz/business-development/edd-programs-for-business/job-training-incentive-program>

New Mexico Workforce Connection: New Mexico's online portal to virtual job matching services, employment resources, unemployment insurance resources, and more.

<https://www.jobs.state.nm.us/vosnet/Default.aspx>

Partners for Employment: Partners for Employment is a statewide collaborative to increase competitive and integrated employment for individuals with intellectual and developmental disabilities.

<http://www.cdd.unm.edu/other-disability-programs/partners-for-employment/index.html>

Senior Community Service Employment Program: SCSEP is a federally funded program that enrolls trainees who are paid minimum wage for twenty hours per week. These trainees are placed in not-for-profit or governmental organizations, known as host agencies. Call 1-505-469-4193 for more information.

[http://www.nmaging.state.nm.us/Employment\\_Programs.aspx](http://www.nmaging.state.nm.us/Employment_Programs.aspx)

Workforce Innovation and Opportunity Act: WIOA provides a number of high quality services to help people get a job and advance along a career pathway through a network of more than 2,400 American Job Centers and their partners across the country.

<https://www.dws.state.nm.us/en-us/Job-Seekers/Job-Preparation/Training-and-Education>

## Financial Resources

Looking for Assistance: Working with our partners, we design and deliver innovative, high quality health and human services that improve the security and promote independence for New Mexicans in their communities.

<https://www.hsd.state.nm.us/lookingforassistance/>

## Food/Nutrition

Child and Adult Care Food Program: The Child and Adult Care Food Program (CACFP) is a federally funded program that provides reimbursement for healthy meals and snacks served in child and adult day care facilities.

<https://www.abqchildcare.com/Child-and-Adult-Care-Food-Program>

Commodity Supplemental Food Program: CSFP provides United States Department of Agriculture (USDA) food to eligible seniors in New Mexico by distributing a box of nutritious food to supplement their diets.

<https://www.hsd.state.nm.us/LookingForAssistance/commodity-supplemental-food-program.aspx#:~:text=The%20Commodity%20Supplemental%20Food%20Program,food%20to%20supplement%20their%20diets.>

Emergency Food Assistance Program: TEFAP provides United States Department of Agriculture (USDA) food to eligible New Mexicans. Five food banks in the state contract with numerous organizations to provide distribution of the TEFAP food.

[https://www.hsd.state.nm.us/LookingForAssistance/Emergency\\_Food\\_Assistance.aspx](https://www.hsd.state.nm.us/LookingForAssistance/Emergency_Food_Assistance.aspx)

Summer Food Service Program: The Summer Food Service Program for Children provides nutritious meals to children during the summer months. When school lets out for the summer, children ages 1 through 18 can receive free nutritious meals.

<https://summerfoodnm.org/>

Supplemental Nutrition Assistance Program: SNAP provides financial assistance to eligible New Mexicans with low income and limited resources to purchase food products.

[https://www.hsd.state.nm.us/LookingForAssistance/Supplemental\\_Nutrition\\_Assistance\\_Program\\_SNAP.aspx](https://www.hsd.state.nm.us/LookingForAssistance/Supplemental_Nutrition_Assistance_Program_SNAP.aspx)

## Housing

Low Income Housing: Search tool to find low income housing apartments, public housing authorities, and housing assistance in New Mexico cities.

<https://www.lowincomehousing.us/NM.html>

Public Housing Assistance and Housing Choice Vouchers: If you need public housing assistance or would like specific information about public housing programs, such as housing choice vouchers, please contact your local Public Housing Agency.

[https://www.hud.gov/sites/dfiles/PIH/documents/PHA\\_Contact\\_Report\\_NM.pdf](https://www.hud.gov/sites/dfiles/PIH/documents/PHA_Contact_Report_NM.pdf)

Rental Assistance Program: RAP provides rapid re-housing assistance to individuals or families who are experiencing homelessness. RAP also provides assistance to families who are at risk of becoming homeless.

[http://www.housingnm.org/community\\_development/rental-assistance-programs-rap](http://www.housingnm.org/community_development/rental-assistance-programs-rap)

Subsidized Apartments: HUD helps apartment owners offer reduced rents to low-income tenants. To apply, contact or visit the management office of each apartment building that interests you. <https://resources.hud.gov/#>

## **Living with a Disability/Elderly**

Area Agency on Aging Services: New Mexico's four Area Agencies on Aging, or AAA's, administer, plan, and support community based services for individuals 60 and older, or age 55 and older in tribal programs. <http://www.nmaging.state.nm.us/aaa.aspx>

Disability Rights New Mexico: Disability Rights New Mexico is a private, non-profit organization which protect, promote, and expand the rights of people with disabilities in New Mexico. <https://www.drn timer.org/index.php?page=programs-services>

General Assistance for Disabled Adults and Unrelated Children: The objective of General Assistance (GA) is to provide cash assistance to dependent needy children and disabled adults who are not eligible for other cash assistance programs.

<https://www.hsd.state.nm.us/LookingForAssistance/general-assistance-for-disabled-adults-and-unrelated-children.aspx>

New Mexico Technology Assistance Program: The New Mexico Technology Assistance Program (NMTAP) offers free services to New Mexicans with disabilities to help them get the Assistive Technology (AT) they need. <http://www.tap.gcd.state.nm.us/>

Centennial Care Community Benefit Program: New Mexico's Community Benefit program is part of the state Medicaid program (Centennial Care) and it assists elderly persons to remain living at home or within the community. <https://www.caregiver.org/centennial-care-community-benefit-program>

## Medical/Health-Related

Children's Medical Services: Children and Youth with Special Health Care Needs means an individual younger than 21 years old, experiencing significant potential or actual impact on long term health and ability to function which requires specialized health care services. <https://www.nmhealth.org/about/phd/fhb/cms/>

New Mexico Health Connections: New Mexico Health Connections is a non-profit health plan committed to keeping New Mexicans healthy. Their mission is to improve the health of those we serve through innovation, transformation, and collaboration with our members, providers, and New Mexican communities.

<https://www.mynmhc.org/default.aspx>

New Mexico Health Professional Wellness Program: NMHPWP provides confidential services statewide for health professionals with substance abuse, mental health, physical health impairment, and workplace issues. <https://www.nmhppw.com/>

New Mexico Medicaid: <https://nmmedicaid.portal.conduent.com/static/index.htm>

## Additional Resources

New Mexico Myotonic Dystrophy Care Centers: <https://www.mda.org/care/care-center-list?province=NM>