

# Wyoming

When a family or individual is faced with a progressive condition such as DM1 or DM2 they are often presented with additional financial expenses as well as loss of a steady income. This section attempts to gather financial resources that are available on a state level for persons living in the United States. By no means is this section complete; we invite you to share with us any resources you've identified.

This is an on-going project. We will add more resources as we gather them; please send us resources you know of that are not currently listed.

Please be advised that each organization has its own eligibility and application requirements. None of these organizations are affiliated with the Myotonic Dystrophy Foundation. We hope you will share your experiences with us – let us know if you are successful in finding a good resource to help your family.

## **Caregivers**

<u>Family Caregiver Alliance Learning Center:</u> An online learning community offering information, training, classes and more on your schedule. <u>https://www.caregiver.org/caregiver-learning-center</u>

<u>Long Term Care Waiver:</u> Wyoming's Long Term Care Waiver is a Medicaid waiver that assists individuals who need care to remain living at home. Certain family members, excluding spouses and legal guardians, are able to be hired and paid as the personal care provider. <a href="https://www.caregiver.org/long-term-care-waiver">https://www.caregiver.org/long-term-care-waiver</a>

Respite Program: The State Respite Program provides supervision of children who do not receive waiver services, so the primary caregiver can take a break from the care of the child for a few hours. <a href="https://health.wyo.gov/wp-content/uploads/2020/03/CM24-State-Respite-Application-Form.pdf">https://health.wyo.gov/wp-content/uploads/2020/03/CM24-State-Respite-Application-Form.pdf</a>

<u>Wyoming Home Services:</u> The Wyoming Home Services Program is designed to help seniors and individuals with disabilities who are at risk of nursing home / assisted living placement. It does so by providing a variety of supports that enable them to remain living in their home or in the home of a caregiver.

https://www.payingforseniorcare.com/wyoming/cbihs#:~:text=Apply%20%2F%20Learn %20More-,Program%20Description,the%20home%20of%20a%20caregiver.



## **Employment**

<u>Social Security Disability Determination Services:</u> The Social Security and Supplemental Security Income Disability Programs provide assistance to people with disabilities. <a href="http://www.wyomingworkforce.org/workers/vr/dds/">http://www.wyomingworkforce.org/workers/vr/dds/</a>

<u>Unemployment Insurance:</u> Unemployment Insurance Program pays temporary benefits to workers who have lost their job through no fault of their own. http://www.wyomingworkforce.org/workers/ui/

<u>Vocational Rehabilitation:</u> The Vocational Rehabilitation Division actively works with more than 4,000 of Wyoming's citizens with disabilities to aid them in entering the workforce. <a href="http://www.wyomingworkforce.org/workers/vr/">http://www.wyomingworkforce.org/workers/vr/</a>

<u>Workers' Compensation:</u> The Workers' Compensation program can help you find information about reporting an injury in the workplace, disability benefits and other related subjects.

http://www.wyomingworkforce.org/workers/workerscomp/

<u>Wyoming at Work:</u> Find a job near you. <u>https://www.wyomingatwork.com/vosnet/Default.aspx</u>

## **Financial Resources**

<u>Family Resource Center:</u> The Wyoming County Family Resource Center strives to support parents with resources, information and services. They provide parents and educators with a Parent Lending & Learning Library, Educators Lab, Computer Lab, Resource Library, community information, training and support groups.

http://www.wycopa.org/Offices/JuvenileProbation/Pages/FamilyResourceCenter.aspx

<u>Temporary Assistance for Needy Families:</u> The Wyoming Temporary Assistance for Needy Families (TANF) program provides financial assistance to keep children in their homes while the family is temporarily unable to support themselves. https://www.benefits.gov/benefit/1685



#### Food/Nutrition

<u>Child and Adult Care Food Program:</u> CACFP provides reimbursement for nutritious meals and snacks served to eligible children in child care centers, family day care homes, as well as to eligible adults in adult care centers.

https://edu.wyoming.gov/beyond-the-classroom/nutrition/cacfp/

<u>Commodity Supplemental Food Program:</u> CSFP works to improve the health of low-income persons at least 60 years of age by supplementing their diets with nutritious USDA Foods. <a href="https://www.fns.usda.gov/csfp/applicant-recipient">https://www.fns.usda.gov/csfp/applicant-recipient</a>

<u>Emergency Food Assistance Program:</u> TEFAP is separate from SNAP and helps supplement the diets of low-income Americans, including elderly people, by providing them with emergency food and nutrition assistance at no cost.

https://dfs.wyo.gov/assistance-programs/food-assistance/emergency-food-and-commodity-assistance/

<u>School Lunch Program:</u> The National School Lunch Program (NSLP) and the School Breakfast Program (SBP) are designed to promote the health and well-being of children by providing nutritious meals to children in public and private schools and residential child care institutions. <a href="https://edu.wyoming.gov/beyond-the-classroom/nutrition/school-lunch/">https://edu.wyoming.gov/beyond-the-classroom/nutrition/school-lunch/</a>

<u>Supplemental Nutrition Assistance Program:</u> SNAP provides monthly benefits that help low-income households buy the food they need for good health.

https://dfs.wyo.gov/assistance-programs/food-assistance/supplemental-nutrition-assistance-program-snap/

# Housing

<u>Assisted Senior Living:</u> Find assisted living facilities by you. https://www.assistedseniorliving.net/services/wyoming/

<u>Independent Living Centers:</u> The ILRU (Independent Living Research Utilization) program is a national center for information, training, research, and technical assistance in independent living for seniors and people with disabilities.

https://www.ilru.org/projects/cil-net/cil-center-and-association-directory-results/WY



Rent Assistance Programs: An online directory of rental assistance programs in Wyoming. <a href="https://www.rentassistance.us/st/wyoming">https://www.rentassistance.us/st/wyoming</a>

<u>Subsidized Apartments:</u> HUD helps apartment owners offer reduced rents to low-income tenants. To apply, contact or visit the management office of each apartment building that interests you. <a href="https://resources.hud.gov/#">https://resources.hud.gov/#</a>

Wyoming Emergency Housing Assistance Program: Eligible WEHAP recipients may receive one month of emergency rent or mortgage payment assistance up to \$2,000, with subsequent month(s) of assistance contingent upon completion of a monthly Request for Continued Assistance form attesting to the need for on-going assistance. <a href="https://www.wyomingcda.com/wp-content/uploads/2020/06/WEHAP-Print-Application\_FINAL1-1.pdf">https://www.wyomingcda.com/wp-content/uploads/2020/06/WEHAP-Print-Application\_FINAL1-1.pdf</a>

# Living with a Disability/Elderly

<u>Companion Services:</u> Bridges of Wyoming provides Companion Services, which is non-medical supervision, socialization, and assistance for a person to maintain safety in their home and community and to gain independence.

https://wyoming.bridges.us/companion-services/

<u>Foster Grandparent Program:</u> The Foster Grandparent Program provides an opportunity for older volunteers to have a positive impact on the lives of children in need for an hourly stipend. https://www.wyomingseniors.com/services/foster-grandparent-program

<u>Homemaker Services:</u> Homemaker Services consist of general household activities such as meal preparation and routine household care. Bridges of Wyoming provides this service when the supported person is not able to care for themselves or manage their own household functions. <a href="https://wyoming.bridges.us/homemaker-services/">https://wyoming.bridges.us/homemaker-services/</a>

Individual Habilitation Training: Individual Habilitation Training is a specialized 1:1 intensive training service to assist a person to acquire or improve skills; skills that will promote individual independence and a greater level of functioning. <a href="https://wyoming.bridges.us/services/individual-habilitation-training/">https://wyoming.bridges.us/services/individual-habilitation-training/</a>

<u>Senior Companion Program:</u> The Senior Companion Program is a state-wide program that pays low-income volunteers to provide support, assistance, and companionship to frail, elderly, or disabled clients throughout the state.

https://www.wyomingseniors.com/services/senior-companion-program



### Medical/Health-Related

<u>Children's Health Insurance Program:</u> Kid Care CHIP provides affordable health coverage including check-ups, dentist visits, vision care, prescriptions, and more. <u>https://health.wyo.gov/healthcarefin/chip/</u>

<u>Children's Special Health:</u> CSH is a program for children 18 and under who have medical needs beyond routine and basic care that provides coordination of care for children with special health care needs and, in certain cases, can provide some financial assistance. <a href="https://www.wyosocialresources.info/social\_resources/childrens-special-health/">https://www.wyosocialresources.info/social\_resources/childrens-special-health/</a>

Employed Individuals with Disabilities: EID is a new option that allows individuals who participate in the Developmental Disability or Acquired Brain Injury Medicaid Waiver Programs to increase their earned income and/or resources while retaining Medicaid coverage, including waiver services, if they qualify under EID disability guidelines. <a href="https://wymedicaid.portal.conduent.com/Training/Medicaid\_Program\_for\_EID.pdf">https://wymedicaid.portal.conduent.com/Training/Medicaid\_Program\_for\_EID.pdf</a>

<u>Wyoming Medicaid:</u> Wyoming Medicaid is a joint federal and state government program that pays for medical care for some low-income and medically needy individuals and families. <a href="https://health.wyo.gov/healthcarefin/medicaid/">https://health.wyo.gov/healthcarefin/medicaid/</a>

Wyoming State Health Insurance Information Program: WSHIIP is a federally mandated program set up to help seniors and others on Medicare understand their rights and answer their questions.

http://www.wyomingseniors.com/services/wyoming-state-health-insurance-information-program

## **Additional Resources**

<u>211:</u> Dialing 2-1-1 connects you with nonprofits and government services in your area. COVID-19 Resources: <a href="http://www.wyomingeda.org/covid-19-resources">http://www.wyomingeda.org/covid-19-resources</a>

NOWCAP: NOWCAP Services is a mission-based organization with the goal to create opportunities for all people with disabilities. Their programs are diverse in not only the businesses and services they are involved in but the people they support. https://www.nowcapservices.org/