



Montana

When a family or individual is faced with a progressive condition such as DM1 or DM2 they are often presented with additional financial expenses as well as loss of a steady income. This section attempts to gather financial resources that are available on a state level for persons living in the United States. By no means is this section complete; we invite you to share with us any resources you've identified.

This is an on-going project. We will add more resources as we gather them; please send us resources you know of that are not currently listed.

Please be advised that each organization has its own eligibility and application requirements. None of these organizations are affiliated with Myotonic. We hope you will share your experiences with us – let us know if you are successful in finding a good resource to help your family.

Caregivers

Caregiver Corner: Learn more about caregivers in Montana.

<https://dphhs.mt.gov/respite/caregivercorner>

Montana Lifespan Respite Coalition: The Montana LSR Coalition is a group of individuals from agencies, state departments and non-profits, caregivers, and others interested in improving the quality of life of family caregivers and those that need support.

<https://dphhs.mt.gov/Portals/85/slrc/documents/Respite/LifespanRespiteVoucherBrochure.pdf>

Employment

Disability Employment and Transitions: Our mission is to advance employment, independence, and transitions of Montanans with disabilities.

<https://dphhs.mt.gov/detd/contactus>

Dollars and Sense: This publication is a resource to help develop financial literacy skills. Created and available by the Office of the Commissioner of Higher Education and the Montana University System – Office of Student Financial Services.

<http://lmi.mt.gov/Portals/193/Publications/CareerPubs/For%20Students/High%20School/dollars-and-sense.pdf>



Montana Career Guide: The Montana Career Guide walks users through the entire career planning process from exploring your interests to interviewing for a job; it includes a section on soft skills and job-hunting tips for special populations.

<http://lmi.mt.gov/Portals/193/Publications/CareerPubs/For%20Students/High%20School/MT%20Career%20Guide%202016-Web.pdf>

Pocket Resume: A handy resource to help organize your career information. Take it with you when you collect job applications or go to interviews.

<http://lmi.mt.gov/Portals/193/Publications/CareerPubs/For%20Students/High%20School/pocket-resume.pdf?ver=2015-10-27-120900-387>

Financial Resources

Children's Special Health Services Financial Assistance Program: Children's Special Health Services can provide up to \$2,000 per year of financial assistance for treatment and enabling services for qualifying children and youth with special healthcare needs (CYSHCN). <https://dphhs.mt.gov/publichealth/cshs/financialassistance>

Energy Share: Energy Share is a private non-profit organization that helps Montanans faced with energy emergencies meet their needs by looking at the entire situation, not just the applicant's income, so they can also assist those who may not be eligible for other assistance. <https://www.energysharemt.com/>

Low-Income Energy Assistance: LIEAP is a federally funded program that pays part of winter energy bills based on the applicant's financial eligibility.

<https://dphhs.mt.gov/hcsd/energyassistance.aspx>

Food/Nutrition

Aging Food and Nutrition Programs: There are a variety of food and nutrition programs offered through the Aging Network in Montana. They are funded by federal Older Americans Act and USDA funds, state and local dollars and client contributions.

<https://dphhs.mt.gov/sltc/aging/nutritionservices>

Supplemental Nutrition Assistance Program: SNAP's mission is to provide supplemental food and nutrition assistance to low income people. SNAP recipients use EBT cards, which are similar to debit cards, to purchase food in authorized retail stores.

<https://dphhs.mt.gov/hcsd/SNAP>



Summer Food Service Program: The USDA Summer Food Service Program (SFSP) provides free, nutritious meals and snacks to kids throughout the summer months when school is out. The SFSP is administered in Montana by the Office of Public Instruction School Nutrition Programs. <https://opi.mt.gov/Leadership/Management-Operations/School-Nutrition/Summer-FoodService-Program>

The Child and Adult Care Food Program: The CACFP plays a vital role in assuring the nutritional quality of meals and snacks served to eligible children and adults attending non-residential child or adult care programs, and making care more affordable for many low-income families. <https://dphhs.mt.gov/hcsd/ChildCare/CACFP/About>

Housing

Emergency Housing Assistance Program: Montana's Emergency Housing Assistance program provides rent, security deposit, mortgage payment, and/ or hazard insurance assistance as needed for Montanans who have lost a job or substantial income loss as a result of COVID-19. <https://housing.mt.gov/Rental-Housing/CovidHousingAssist>

Housing Choice Voucher Program: The Housing Choice Voucher program provides rental subsidies for very low-income families, elderly persons and persons with disabilities, and the opportunity to choose their own rental home within the community of their choice, subject to program requirements. <https://housing.mt.gov/Rental-Housing/Housing-Choice-Voucher-Program>

Housing Trust Fund: The Housing Trust Fund Program (HTF) is an affordable housing production program that will complement existing federal, State, and local efforts to increase the supply of decent, safe, and sanitary affordable housing for extremely low income (ELI) households, including special needs households, homeless households, and those at risk of homelessness. <https://comdev.mt.gov/Programs/HTF>

Veterans Affairs Supportive Housing: The HUD-Veterans Affairs Supporting Housing program, or HUD-VASH, provides rental assistance in combination with case management and clinical services provided by local Department of Veterans Affairs Medical Centers (VAMC) for homeless veterans. <https://housing.mt.gov/Rental-Housing/Veterans-Affairs-Supportive-Housing>



Living with a Disability/Elderly

Aging and Disability Resource Center: The overall goal of the ADRC Program is to empower individuals to effectively navigate their long-term services and supports options to make informed choices, to streamline access to long-term services and supports and organize the long-term support system. <https://dphhs.mt.gov/sltc/aging/adrc>

Montana Big Sky Home and Community Based Services Program: The Big Sky Waiver Program allows people, who would otherwise be institutionalized, to live in their own home and community. The services are made available through the Senior & Long-Term Care Division (SLTC) with the Department of Public Health & Human Services (DPHHS). <https://dphhs.mt.gov/sltc/csb#147868309-montana-big-sky-waiver-program>

Montana Milestones Part C Early Intervention Program: Montana Milestones/Part C of the IDEA Early Intervention Program is Montana's comprehensive system of early intervention services and supports for families who have infants or toddlers, from birth through three who have significant developmental delays or disabilities or have been diagnosed with an established condition associated with significant delays in development. <https://dphhs.mt.gov/dsd/developmentaldisabilities/montanamilestones>

The Community First Choice and Personal Assistance Services (PAS) Programs: PAS programs are designed to provide long term supportive care in a home setting. These programs enable thousands of elderly and disabled citizens to remain in their homes. <https://dphhs.mt.gov/SLTC/csb#147861266-community-first-choice-cfcpersonal-assistanceservices-pas>

Medical/Health-Related

Genetic Testing Financial Assistance: The Montana Department of Public Health and Human Services has funds available to pay for genetic testing for individuals living in Montana. <https://dphhs.mt.gov/publichealth/cshs/GeneticFinancialAssistance>

Montana Coronavirus Relief: As Montana works to recover from the unprecedented economic situation caused by this novel Coronavirus, the state is making emergency financial relief available from the federal government to those who have been hardest-hit by impacts of COVID-19. <https://commerce.mt.gov/Coronavirus-Relief>

Newborn Screening Program: The goal of the Newborn Screening Program is to assure every baby born in Montana will receive three essential newborn screenings. <https://dphhs.mt.gov/publichealth/cshs/NewbornScreeningPrograms>



Myotonic My Cause. My Cure.

Parent Partner Program: To offer every Montana parent/caregiver of a child with special healthcare needs access to a relationship with a Parent Partner for the purpose of inspiring and encouraging hope by providing access to relationships, information, and resources. <https://dphhs.mt.gov/publichealth/cshs/MontanaParentPartnerProject>

Additional Resources

Muscular Dystrophy Association (MDA) Montana Clinics:
<https://www.mda.org/care/care-center-list?province=MT>