



Nebraska

When a family or individual is faced with a progressive condition such as DM1 or DM2 they are often presented with additional financial expenses as well as loss of a steady income. This section attempts to gather financial resources that are available on a state level for persons living in the United States. By no means is this section complete; we invite you to share with us any resources you've identified.

This is an on-going project. We will add more resources as we gather them; please send us resources you know of that are not currently listed.

Please be advised that each organization has its own eligibility and application requirements. None of these organizations are affiliated with Myotonic. We hope you will share your experiences with us – let us know if you are successful in finding a good resource to help your family.

Caregivers

ARCH National Respite Network and Resource Center: A source to assist and promote the development of quality respite and crisis care programs; to help families locate respite and crisis care services in their communities; and to serve as a strong voice for respite in all forums. <https://archrespite.org/>

Lifespan Respite Care Program: Lifespan Respite Care programs are coordinated systems of accessible, community-based respite care services for family caregivers of children and adults of all ages with special needs.

<https://acl.gov/programs/support-caregivers/lifespan-respite-care-program>

Online Family Caregiver Training and Education: An online source for training and education opportunities for caregivers.

<https://respite.ne.gov/online-family-caregiver-training-and-education-sessions>

Respite Provider Match: The Respite Provider Match guides you to Lifespan Respite Network-screened providers in your area who match you and your loved one's needs.

<https://nrrs.ne.gov/respitesearch/respitesearch.php>



Employment

Nebraska Career Connections: Nebraska Career Connections provides education and career planning resources; whether you're planning for life after high school, exploring career options, or creating a portfolio of materials for a job search, this system can help. <https://nebraska.kuder.com/landing-page>

Nebraska Vocational Rehabilitation: Nebraska VR assists individuals with injuries, illness, or impairments achieve competitive employment and increased independence. <http://www.vr.nebraska.gov/>

NEworks: A complete set of employment tools for job seekers in Nebraska. With information for both job seekers and employers, the website includes access to jobs, resumes, education, training, and more. <https://networks.nebraska.gov/vosnet/Default.aspx>

Regional Job Fair Finder: Find job fairs near you - <https://www.dol.nebraska.gov/EmploymentAndTraining/JobSeekerResources/JobFairs>

Financial Resources

ACCESSNebraska: ACCESSNebraska is a convenient, online way to apply for economic assistance programs. www.ACCESSNebraska.ne.gov

Nebraska Financial Assistance Programs: https://www.needhelppayingbills.com/html/nebraska_assistance_programs.html

Food/Nutrition

Child and Adult Care Food Program: CACFP provides nutritious meals and snacks served to eligible children in child care centers, family day care homes, and outside-school-hours centers, as well as to eligible adults in adult care centers. <https://www.education.ne.gov/ns/cacfp/overview/>

Summer Food Service Program: SFSP provides healthy meals to children, age 18 and younger, free of charge. <https://www.education.ne.gov/ns/sfsp/>



Supplemental Nutrition Assistance Program: SNAP helps recipients buy food, which raises nutrition levels among low-income households.

<http://dhhs.ne.gov/Pages/SNAP.aspx>

The Commodity Supplemental Food Program: CSFP is a United States Department of Agriculture program which provides foods purchased and distributed by the USDA to needy senior citizens. <http://dhhs.ne.gov/Pages/Commodity-Supplemental-Food-Program.aspx>

The Emergency Food Assistance Program: TEFAP helps supplement the diets of low-income Americans by providing them with healthy foods at no cost.

<http://dhhs.ne.gov/Pages/Emergency-Food-Assistance-Program.aspx>

Housing

Independent Living Centers and Resources in Nebraska:

<https://ncdhh.nebraska.gov/resources/ilc>

Independence Rising: Independence Rising provides a comprehensive set of services designed to enable persons with disabilities to exercise control over their lives.

<https://irnebraska.org/>

Public Housing Agency Contact Information: If you need public housing assistance or would like specific information about public housing programs such as housing choice vouchers, please contact your local Public Housing Agency.

https://www.hud.gov/sites/dfiles/PIH/documents/PHA_Contact_Report_NE.pdf

Subsidized Apartments: HUD helps apartment owners offer reduced rents to low-income tenants. Find affordable housing near you.

<https://resources.hud.gov/>

Living with a Disability/Elderly

Access Nebraska: If you have long-term health needs and are low income, visit Access Nebraska to see if you qualify for Medicaid.

<http://dhhs.ne.gov/pages/accessnebraska.aspx>



Area Agency on Aging Near You:

<http://dhhs.ne.gov/Medicaid%20SUA/Current%20AAA%20and%20ADRC%20Map.pdf>

Long-Term Care Ombudsman: The Long-Term Care Ombudsman (LTCO) works with nursing home and assisted living residents. They help answer resident concerns and complaints. The LTCO advocates for resident rights and their well-being.

<http://dhhs.ne.gov/Pages/Aging-Ombudsman.aspx>

Nebraska Division of Developmental Disabilities: The Division of Developmental Disabilities (DHHS-DD) provides funding and oversight for Medicaid home and community-based developmental disabilities waiver services.

<http://dhhs.ne.gov/pages/developmental-disabilities.aspx>

Medical/Health-Related

Nebraska Medical Assistance Program: The Nebraska Medical Assistance Program, also known as the Medicaid Program, is a program that is jointly funded by the state and the Federal government to provide medical coverage to those who meet certain categorical eligibility criteria and who cannot afford to pay for medically necessary services.

<https://www.benefits.gov/benefit/1302>

Nebraska Medicaid Services: <http://dhhs.ne.gov/Pages/Medicaid-Services.aspx>

Vaccines for Children: Vaccines for Children (VFC) is a federally-funded and state-operated vaccine supply program. VFC provides free ACIP recommended vaccine to eligible children.

Additional Resources

COVID-19 Resources: <https://www.outlookne.org/covid-19-resources>

Muscular Dystrophy Association (MDA) Nebraska Adult Care Center:

<https://www.mda.org/near-you/state-NE>