



South Dakota

When a family or individual is faced with a progressive condition such as DM1 or DM2 they are often presented with additional financial expenses as well as loss of a steady income. This section attempts to gather financial resources that are available on a state level for persons living in the United States. By no means is this section complete; we invite you to share with us any resources you've identified.

This is an on-going project. We will add more resources as we gather them; please send us resources you know of that are not currently listed.

Please be advised that each organization has its own eligibility and application requirements. None of these organizations are affiliated with Myotonic. We hope you will share your experiences with us – let us know if you are successful in finding a good resource to help your family.

Caregivers

Caregiver Support Program: Caregiver Services are key supports that assist caregivers to care for their loved ones at home for as long as possible. Services available through the Caregiver Program include information about available long-term services and supports, assistance in accessing needed services, and individual counseling and training.

<https://dhs.sd.gov/ltss/caregiver.aspx>

Respite Care: Respite Care offers the primary caregiver temporary relief from providing continuous support and care to an adult who is elderly or disabled. Covered services may include companionship, involvement in the person's activities of daily living, meal preparation, light housekeeping, and personal hygiene tasks.

<https://dhs.sd.gov/LTSS/docs/Respite%20Care.pdf>

Structured Family Caregiving Provider Provision: The Home and Community Based Options and Person-Centered Excellence (HOPE) Waiver services enable South Dakotans 65 and older or 18 and over with a qualifying disability to live independent, meaningful lives while maintaining close family and community ties. The structured family caregiving service offers HOPE Waiver participants an opportunity to reside with a principal caregiver in the participant's own private home or in the private home of the principal caregiver. <https://dhs.sd.gov/docs/SFC%20FY%202020%20Provider%20Provision.pdf>



Employment

Job Search Assistance Program: JSAP is a free workshop for people recovering from job loss or enhancing their job search skills. Trained instructors speak on modern-day techniques used to successfully find employment.

https://dlr.sd.gov/localoffices/job_search_tools/jsap.aspx

Layoff Support Services: Find your local job service office and check out the services trained professionals can offer: opportunities to update your job search skills, update your work skills and training, get tips on writing a resume and cover letter, job referrals, and career planning.

https://dlr.sd.gov/localoffices/job_search_tools/other_programs.aspx

SDWORKS: SDWORKS, the Department of Labor and Regulation's online jobs database, has the most job listings statewide.

<https://www.southdakotaworks.org/vosnet/Default.aspx>

Temporary Assistance for Needy Families: TANF is a public assistance program for families with serious financial needs. The Department of Labor and Regulation helps TANF applicants and/or recipients with finding jobs by making job referrals, setting up interviews and teaching you how to look for work. The program also arranges additional training such as GED/high school diploma, English as a Second Language, on-the-job training, work experience, job-related education, and vocational training/college.

https://dlr.sd.gov/localoffices/job_search_tools/tanf.aspx

Financial Resources

Community Assistance Program: The South Dakota Community Assistance Program consists of Community Action Programs that provide services to low-income South Dakotans. Services vary by agency and may include weatherization, community transportation, food pantries and emergency services.

<https://dss.sd.gov/economicassistance/communityassistance/>

Low Income Energy Assistance: Energy Assistance helps low-income South Dakotans pay for home heating costs.

<https://dss.sd.gov/economicassistance/energyassistance/lowincome.aspx>



LSS Financial Counseling: South Dakota Public Radio and Lutheran Social Services Center offer financial resources to bring financial counseling to people who need it. <https://listen.sdpb.org/community-calendar/event/353728>

Phone Discounts for Low-Income Users: As a South Dakota consumer, you may qualify for one of the three programs that provide assistance with paying your telephone bill. This is a federally funded program that will provide a credit of up to \$9.25 each month on your phone bill. <https://puc.sd.gov/commission/dockets/telecom/2013/tc13-074/attachmentlifeline.pdf>

Food/Nutrition

Child and Adult Care Food Program: The Child and Adult Care Food Program provides cash reimbursements for meals served in child day care centers, family and group day care homes, and adult day care centers. <https://doe.sd.gov/cans/cacfp.aspx>

Commodity Supplemental Food Program: CSFP is a federally funded program, which works to improve the health of low-income elderly people at least 60 years of age by supplementing their diets with nutritious United States Department of Agriculture (USDA) foods. <https://doe.sd.gov/cans/csfp.aspx>

School Nutrition Programs: The NSLP provides cash reimbursement and commodity foods for meals served in non-profit food services in elementary and secondary schools, and in residential childcare institutions. School Breakfast Program (SBP) provides cash reimbursement to schools for meals served, much the same as the School Lunch Program. <https://doe.sd.gov/cans/snp.aspx>

Supplemental Nutrition Assistance Program: SNAP helps low-income South Dakotans buy the food they need to stay healthy while they work to regain financial independence. SNAP benefits are not intended to cover all of a person or family's food costs but will help with purchasing the food needed for a nutritionally adequate diet. <https://dss.sd.gov/economicassistance/snap/>



Housing

Community Housing Development Program: The objective of the Community Housing Development Program (CHDP) is to provide a financial resource to help address the housing needs of South Dakota communities. Based on the needs identified by market studies, SDHDA can provide financial assistance for development of rental housing opportunities. <https://www.sdhda.org/housing-development/housing-development-programs/community-housing-development-program>

HOME Program: The primary purpose of the HOME Program is to expand the supply of decent, safe, sanitary, and affordable housing for very low-income and low-income households as determined per the income limits. The HOME Program provides funds to developers and/or owners for acquisition, new construction, and rehabilitation of affordable housing. <https://www.sdhda.org/housing-development/home-program>

Housing Choice Voucher: A portion of your rent may be paid by the federal government. You must meet certain income guidelines and eligibility criteria. You may apply for a voucher at your local housing authority or Public Housing Authority (PHA). https://www.hud.gov/sites/dfiles/PIH/documents/PHA_Contact_Report_SD.pdf

Section 811 Project Rental Assistance: The PRA program provides project-based rental assistance for extremely low-income persons with an intellectual or development disability, including those with a co-occurring mental illness. <https://www.sdhda.org/social-programs/section-811-pra-program>

Living with a Disability/Elderly

Birth to Three: University of South Dakota provides free early intervention services, including developmental screenings and evaluations, for families with children from birth to age three who have difficulty learning, growing or behaving like other children in their age group or have a medical condition which doctors feel may need special attention. <https://www.usd.edu/medicine/center-for-disabilities/birth-to-three>

The Parent Connection Family Resource Guide: The guide provides information on local, state, and national resources available to meet the needs of South Dakota families raising children and youth with disabilities and/or special health care needs. <http://www.sdparent.org/web/indexsublinks.php?siteid=2825&pageid=22677>



TransitionInAction: The TransitionInAction Clinic generates recommended "next steps" to successful transitions for young adults with a disability and/or significant chronic health care needs. We use interviews, assessments, activities and discussions that allow our team to get to know the young adult's strengths, interests and vision for the future.

<https://www.usd.edu/medicine/center-for-disabilities/transitions-clinic>

211 Help Line: 211 is a free number that individuals may access 24 hours a day, to attain information about nonprofit and government services. 211 call specialists are available to listen and provide supports to connect you to the resources you need.

<https://www.helplinecenter.org/2-1-1-community-resources/>

Medical/Health-Related

Children's Health Insurance Program: CHIP provides quality health care (including regular check-ups, Well-Child Care exams, dental and vision care) for children and youth.

<https://dss.sd.gov/medicaid/generalinfo/medicalprograms.aspx#chip>

Disabled Children's Program: The Disabled Children's Program provides South Dakota Medicaid for certain disabled children in South Dakota. The program is intended for children with disabilities who have medically fragile conditions requiring skilled nursing care in a medical facility if they were not being cared for at home.

<https://dss.sd.gov/medicaid/generalinfo/medicalprograms.aspx#disabled>

Medicaid for Low-Income Families: Low income families in South Dakota (with or without private health insurance) may be eligible for FREE or low cost South Dakota Medicaid including regular checkups, Well-Child Care exams, dental care, and vision care.

<https://dss.sd.gov/medicaid/generalinfo/medicalprograms.aspx#low>

Medical Programs Available in South Dakota:

<https://dss.sd.gov/medicaid/generalinfo/medicalprograms.aspx>

Additional Resources

Family Support 360 Program: FS 360 helps people and their family receive state funded services and other community services, together with natural supports (extended family members, friends, neighbors, church congregations, and community organizations).

<https://dhs.sd.gov/docs/Family%20Support%20360%20Program%20Brochure.pdf>



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Guidance for Telephonic/Virtual Habilitative Supports: The Division of Developmental Disabilities (DDD) is authorizing the use of telephonic/virtual habilitation supports to participants who are currently unable to receive residential, employment, or day habilitation services due to the COVID-19 pandemic.

<https://dhs.sd.gov/docs/DDD%20COVID-19%20CHOICES%20Remote%20Supports%20Guidance.pdf>

Muscular Dystrophy Association (MDA) Arkansas Adult Care Center:

<https://www.mda.org/clinic/sanford-clinic-sioux-falls>